Uniwersytet Kaliski

5TH CALISIA WORLD CONFERENCE ON FAMILY HEALTH AT THE UNIVERSITY OF KALISZ

Prevention and Intervention Measures for Building Health in Poland. Closing the Gap

University od Kalisz, 13-14 October 2026

Tuesday, 13 October 2026

9.00-10.00 **Inauguration of the Conference**

9.00-9.30 **Welcome Address**:
Prof. Witold Zatoński, Institute – European Observatory of Health Inequalities, University of Kalisz
Prof. Andrzej Wojtyła, Rector of the University of Kalisz,
Wioleta Tomczak, Member of the Polish Parliament
Joanna Wicha, Member of the Polish Parliament,
Prof. Katarzyna Sygit, Vice-Rector for Science, University of Kalisz,
Mark Parascandola, PhD, Center for Global Health, National Cancer Institute, USA
Prof. Leif Aaro, Department of Health Promotion, Norwegian Institute of Public Health
Prof. Carlo La Vecchia, Department of Clinical Science and Community Health, Università degli Studi di Milano, Milan, Italy

9.30-9.55 **Forty Years of Progress in Health** – Prof. Walter Willett, Department of Nutrition, Harvard T. H. Chan School of Public Health, USA

9.55-10.00 **Introduction to the Conference**: Prof. Witold Zatoński, Institute – European Observatory of Health Inequalities, University of Kalisz

10.00-11.30 **Session 1: Closing the health gap. Panel Discussion**
Moderators: Prof. Witold Zatoński, Kinga Janik-Koncewicz, PhD, Institute – European Observatory of Health Inequalities, University of Kalisz

10.00-10.15 **Introduction to the Discussion: Development in the Health Situation in Poland after World War II**: Prof. Witold Zatoński, European Observatory of Health Inequalities, University of Kalisz

10.15-11.30 **Panel discussion**: Wioleta Tomczak, Member of the Polish Parliament, Joanna Wicha, Member of the Polish Parliament Prof. Krzysztof Chlebus, Department and Division of Cardiology, Medical University of Gdańsk, Prof. Piotr Jankowski, Department of Internal Medicine and Geriatric Cardiology, Prof. W. Orłowski Clinical Hospital in Warsaw, Centre of Postgraduate Medical Education, Prof. Tomasz Zdrojewski, Department of Hypertension and Diabetology, Medical University of Gdańsk

11.30-12.00 **Coffee Break**

12.00-14.00 **Session 2: Cancer and Cardiovascular Diseases**
Moderators: Prof. Rodryg Ramlau, Institute of Oncology in Poznań, Polish Lung Cancer Group, Prof. Krzysztof Chlebus, Department and Division of Cardiology, Medical University of Gdańsk, Prof. Witold Zatoński, Kinga Janik-Koncewicz, PhD, Institute – European Observatory of Health Inequalities, University of Kalisz

Cancer session:
12.00-12.10 **Epidemiology of Cancer in Poland**: Prof. Witold Zatoński, Institute – European Observatory of Health Inequalities, University of Kalisz

12.10-12.20 **Lung Cancer Mission**: Prof. Rodryg Ramlau, Institute of Oncology in Poznań, Polish Lung Cancer Group

12.20-12.30 **Cancer Epidemiology in the United States:** Mark Parascandola, PhD, Center for Global Health, National Cancer Institute, USA

12.30-12.40 **Proportions of Cancers due to Recognized Causes in Italy**: Prof. Carlo La Vecchia, Department of Clinical Science and Community Health, Università degli Studi di Milano, Milan, Italy

12.40-12.50 **Cancer in Poland Towards 2050**: From Past Trends to Future Challenges: Mohammad Reza Saeb, PhD

12.50-13.00 **From Diagnosis to Intervention: Using Health Needs Maps to Plan Preventive Actions Aimed at Reducing Health Inequalities in Poland**: Anna Tyrańska-Fobke, PhD, Department of Public Health and Social Medicine, Medical University of Gdańsk

Cardiovascular session:
13.00-13.15 **Epidemiology of Cardiovascular Diseases**: Prof. Witold Zatoński, Prof. Witold Zatoński, Institute – European Observatory of Health Inequalities, University of Kalisz

13.15-13.25 **Why Have We Not Closed the Gap with the "Old" EU Member States Since 1990?**: Prof. Tomasz Zdrojewski, Department of Hypertension and Diabetology, Medical University of Gdańsk

13.25-13.35 **From Epidemiological Data to Effective Prevention – A Clinical and System-Level Perspective**: Prof. Krzysztof Chlebus, Department and Division of Cardiology, Medical University of Gdańsk

13.35-13.45 **Cardiovascular Disease Risk by Age and Gender**: Prof. Piotr Jankowski, Department of Internal Medicine and Geriatric Cardiology, Prof. W. Orłowski Clinical Hospital in Warsaw, Centre of Postgraduate Medical Education

13.45-13.55 **The Cardiovascular Revolution – What Comes Next? The Challenges of Longer Life**: Prof. Piotr Bandosz, Department of Prevention and Teaching, Medical University of Gdańsk

13.55-14.00 **Discussion**

14.00-15.00 **Lunch**

15.00-16.30 **Session 3: Disease Prevention and Health Risk Factors**
Moderators: Prof. Tomasz Zdrojewski, Department of Hypertension and Diabetology, Medical University of Gdańsk, Prof. Witold Zatoński, Kinga Janik-Koncewicz, PhD, Institute – European Observatory of Health Inequalities, University of Kalisz

15.00-15.15 **Alcohol and Other Risk Factors for Chronic Diseases in Poland**: Kinga Janik-Koncewicz, PhD, Prof. Witold Zatoński, Institute – European Observatory of Health Inequalities, University of Kalisz

15.15-15.25 **How the State Supports the Prevention of Alcohol-Related Diseases**: Anna Puchacz-Kozioł, National Centre for the Prevention of Addictions

15.25-15.50 **The Nurses' Health Study at 50 Years**: Prof. Walter Willett, Department of Nutrition, Harvard T. H. Chan School of Public Health, USA

15.50-16.00 **The Role and Potential of Nurses and Midwives in Disease Prevention**: Mariola Łodzińska, Supreme Chamber of Nurses and Midwives in Poland; Marek Przybył, PhD, Faculty of Medicine and Health Sciences, University of Kalisz

16.00-16.10 **Review of the COVID-19 Pandemic in Poland**: Prof. Katarzyna Zatońska, Alicja Basiak-Rasała, PhD, Department of Population Health, Wroclaw Medical University

16.10-16.20 **The Role of Vaccination in Containing the COVID-19 Pandemic**: Prof. Andrzej Trybusz, University of Kalisz

16.20-16.30 **Health Education – Investing in Individual and Population Health**: Alicja Basiak-Rasała, PhD, Department of Population Health, Wroclaw Medical University

16.30-17.00 **Coffee Break**

17.00-18.15 **Session 4: Lung Cancer and Other Tobacco-Related Diseases Prevention: Best Practices**
Moderators: Mark Parascandola, PhD, Center for Global Health, National Cancer Institute, USA, Prof. Witold Zatoński, Kinga Janik- Koncewicz, PhD, Institute – European Observatory of Health Inequalities, University of Kalisz

17.00-17.20 **Lung Cancer Epidemiology**: Prof. Witold Zatoński, Institute – European Observatory of Health Inequalities, University of Kalisz

17.20-17.40 **US–Polish Cooperation in Reducing the Health Consequences of Tobacco Use and Preventing Lung Cancer**: Mark Parascandola, PhD, Center for Global Health, National Cancer Institute, USA

17.40-18.00 **Secondary Prevention and Treatment of Lung Cancer**: Prof. Rodryg Ramlau, Institute of Oncology in Poznań, Polish Lung Cancer Group

18.00-18.10 **Two Decades of the PURE Study in Poland – Key Findings, Experiences and Future Perspectives**:
Prof. Katarzyna Zatońska, Department of Population Health, Wroclaw Medical University

18.10-18.15 **Discussion**

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9.00-10.30 **Session 5: Prevention of Alcohol-Related Diseases: Best Practices**
Moderators: Jacek Moskalewicz, PhD, Institute of Psychiatry and Neurology in Warsaw, Prof. Witold Zatoński, Kinga Janik-Koncewicz, PhD, Institute – European Observatory of Health Inequalities, University of Kalisz

9.00-9.15 **Epidemiology of Alcohol-Related Diseases**: Kinga Janik-Koncewicz, PhD, Prof. Witold Zatoński, Institute – European Observatory of Health Inequalities, University of Kalisz

9.15-9.30 **Evaluation of Lithuanian Policy to Reduce the Health Consequences of Alcohol Use**: Mindaugas Stelemekas, PhD, Institute of Health Research, Lithuanian University of Health Sciences

9.30-9.45 **The Alcohol Dependence Treatment System**: Bogusława Bukowska, PhD, National Centre for the Prevention of Addictions

9.45-9.55 **The Impact of Excise Tax Policy and Alcohol Affordability on Consumption in Poland**: Karol Madoń, Institute for Structural Research

9.55-10.05 **Alcohol Affordability in Poland**: Jarosław Neneman, PhD, Deputy Minister of Finance

10.05-10.20 **The Post-War History of Alcohol Control in Poland**: Jacek Moskalewicz, PhD, Antoni Bielewicz, Institute of Psychiatry and Neurology in Warsaw

10.20-10.30 **Discussion**

10.30-11.00 **Coffee Break**

11.00-12.30 **Session 6: Tobacco Dependence Treatment System. Why Has Cytisine Not Become the Aspirin of Tobacco Control in Poland?**
Moderators: Mindaugas Stelemekas, PhD, Institute of Health Research, Lithuanian University of Health Sciences, Prof. Witold Zatoński, Kinga Janik-Koncewicz, PhD, Institute – European Observatory of Health Inequalities, University of Kalisz

11.00-11.15 **The History of Cytisine: From a Folk Remedy to a Global Breakthrough in Tobacco Dependence Treatment**:
Kinga Janik-Koncewicz, PhD, Prof. Witold Zatoński, Institute – European Observatory of Health Inequalities, Krzysztof Przewoźniak, PhD

11.15-11.30 **Cytisine in the Secondary Prevention of CVD:** Prof. Piotr Jankowski, Department of Internal Medicine and Geriatric Cardiology, Prof. W. Orłowski Clinical Hospital in Warsaw, Centre of Postgraduate Medical Education

11.30-11.45 **Vaping**: Prof. Łukasz Balwicki, Department of Public Health and Social Medicine, Medical University of Gdańsk, National Consultant in Public Health

11.45-12.00 **Tobacco/Nicotine Dependence Treatment in the United States**: Mark Parascandola, PhD, Center for Global Health, National Cancer Institute, USA

12.00-12.15 **"Automation" (Artificial Intelligence) in Tobacco Dependence Treatment**:
Michał Bieńkowski, Nadarzyn Medical Center

12.15-12.30 **Discussion**

12.30-13.30 **Lunch and Poster Session**

13.30-14.30 **Session 7: Applications of Artificial Intelligence Techniques in Medical Sciences**
Moderators: Prof. Jacek Piątek, Faculty of Medicine and Health Sciences, University of Kalisz, Prof. Witold Zatoński, Kinga Janik-Koncewicz, PhD, Institute – European Observatory of Health Inequalities, University of Kalisz

13.30-14.00 **Artificial Intelligence in Scientific Research – Risks, Opportunities and Challenges**:
Prof. Krzysztof Jajuga, Department of Financial Investments and Risk Management, Wroclaw University of Economics and Business

14.00-14.30 **Commentary:**
Prof. Witold Zatoński, Institute – European Observatory of Health Inequalities
Prof. Carlo La Vecchia, Department of Clinical Science and Community Health, Università degli Studi di Milano, Milan, Italy
Prof. Tomasz Zdrojewski, Department of Hypertension and Diabetology, Medical University of Gdańsk
Prof. Rodryg Ramlau, Institute of Oncology in Poznań, Polish Lung Cancer Group
Mindaugas Stelemekas, PhD, Institute of Health Research, Lithuanian University of Health Sciences
Mark Parascandola, PhD, Center for Global Health, National Cancer Institute, USA
Prof. Jacek Piątek, Faculty of Medicine and Health Sciences, University of Kalisz

14.30-15.30 **Session 8: Happiness and Quality of Life in Medicine and Healthcare. Patterns of Morbidity, Diseases and Health Conditions in the Polish Population Resulting from the Current Stage of the Epidemiological Transition**
Moderators: Prof. Wojciech Drygas, Prof. Marek Kłos / Prof. Lucyna Kapka-Skrzypczak, Prof. Andriy Bazylevych

14.30-14.40 **Happiness as a Goal or an Outcome of Medical Care? Philosophical Boundaries of Medicine's Responsibility for Quality of Life**: Prof. Andriy Bazylevych, Uliana Lushch-Purii, PhD, Lviv National University; Ukrainian Happiness Research Institute (CSO); Roman Purii, Ukrainian Happiness Research Institute (CSO)

14.40-15.00 **Project VIP 2030 ABM: Multimorbidity at the Center of the Research Consortium's Focus, Determinants, Long-term Trends, and Preventive Action Opportunities**: Prof. Wojciech Drygas, Prof. Paulina Wojtyła-Buciora and the VIP 2030 Research Team

15.00-15.10 **Health Behaviours and Multimorbidity among Farmers**: Prof. Lucyna Kapka-Skrzypczak, Marek Przybył, PhD, Ewa Wojtyła, University of Kalisz

15.10 -15.30 **The Need for Comprehensive Structural Changes in the Polish Healthcare System Resulting from the Current Stage of the Epidemiological Transition – A Reform Proposal:** Prof. Andrzej Wojtyła, Prof. Przemysław Biliński, Prof. Andrzej Trybusz, Katarzyna Wojtyła-Blicharska, and the University of Kalisz Expert Team

15.30 **Conference Closing**

Conference Rapporteurs:
Prof. Leif Aaro, Department of Health Promotion, Norwegian Institute of Public Health
Wioleta Tomczak, Member of the Polish Parliament
Bogusława Bukowska, PhD, National Centre for the Prevention of Addictions
Prof. Rodryg Ramlau, Institute of Oncology in Poznań, Polish Lung Cancer Group
Prof. Krzysztof Chlebus, Department and Division of Cardiology, Medical University of Gdańsk
Prof. Jacek Piątek, Faculty of Medicine and Health Sciences, University of Kalisz
Joanna Wicha, Member of the Polish Parliament
Prof. Tomasz Zdrojewski, Department of Hypertension and Diabetology, Medical University of Gdańsk
Prof. Witold Zatoński, Institute – European Observatory of Health Inequalities, University of Kalisz

Conference materials (Prof. W. Zatoński's monograph *Sto lat zdrowia w Polsce*) are available at www.uniwersytetkaliski.edu.pl

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